**What is Zentangle?**

Zentangle is an easy to learn method of creating beautiful images from repetitive patterns. It is a fascinating new art form that is fun and relaxing. It increases focus and creativity. Zentangle provides artistic satisfaction and an increased sense of personal well being. Zentangle is enjoyed by a wide range of skills and ages and is used in many fields of interest.

**Characteristics of Zentangle**

**Intuitive Art form**

With Zentangle, anyone can create beautiful images from repetitive patterns. This method is easy to learn and easy to do. And even though it is a specified series of steps, it results in a creative expression that transcends its own rules

**Abstract**

You cannot fail to create a Zentangle. That is because a Zentangle is meant to look like a Zentangle. It does not need to look like anything else and has no up or down.

**Unexpected Results**

Zentangle is an unusual approach to art because you have no idea what its result will be when you begin. Your creation is not restricted by your expectations.

**Ceremonial**

Zentangle is an artistic meditation that supports relaxation, focus and inspiration and can be a wonderful daily ritual. Zentangle's philosophy, symbolism and metaphor is elegant and profound. There is much to discover about life and one's self through this simple act.

**Timeless**

Creating designs, manipulating symbols and putting pen to paper is part of our human heritage. In a time of keyboards, computer mice, and cell phones, Zentangle allows a return to a comfort and familiarity of timeless, basic creativity.











Zentangle Doodle Sheet: 30pt Graded Assignment

In each square, create a different doodle with your sharpie marker. Each design has to be different, but some can be a similar pattern.

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